



# Geelong Organic Gardeners

Registered address: 26 Albert Street, Geelong West 3218. Reg. No: A0012071C

June meeting Mon 2, 7:30pm

**NOTE 1 WEEK earlier than usual**

## Members' short talks

### Pam Bolton:

Caring for backyard poultry in winter.

### Steve Findlay:

Rock dust for your gardens

**Jan Bullock:** Trying to be self sufficient while juggling family & working.

## July field trip, Sunday 20

### Freshwater Creek biodynamic farm & sustainable school.

Bus leaves rear of Geelong West Town Hall 10 a.m., Belmont Leisure Centre 10.15 a.m. provided we get a driver (see below), and enough people to fill the bus, booked and paid, by end of June 2 meeting.

"King's Park", home of member Mary Rose Coleman. Biodynamic farm: orchard, market garden, beef cattle. Mary Rose expects her garden to be productive at that time, and may have biodynamic veges for sale.

Mary Rose will also show us through the adjacent Freshwater Creek Steiner school, a sustainable school designed by award-winning Third Ecology Architects (GOG member Glenn Rodgers is a director). Extensive water catchment system, wetland, vege garden and 50 fruit trees.

BYO lunch. If travelling by car, meet at 50 McIntyre Rd Freshwater Creek (at the end of drive, sign on gate: "King's Park") at 10.45 a.m.

Coordinator: Trish Jardine 5223-2407

## Bus drivers needed

Bus drivers on our field trips travel for free. The COGG buses are as easy to drive as an ordinary car, and you do not need a special license. All you need to do is register at a COGG customer service centre – forms will be available at the next meeting

## Ponder this:

The Svalbard Global Seed Vault is located on the Norwegian island of Spitsbergen, in the Barents Sea near the Arctic Ocean. (see more page 12)

But anytime Bill Gates, the Rockefeller Foundation, Monsanto and Syngenta get together on a common project, it's worth digging a bit deeper suggests F. William Engdahl, author of *Seeds of Destruction: The Hidden Agenda of Genetic Manipulation*.

*"This Doomsday Seed Bank, the future world's most secure seed repository, will be guarded by the policemen of the GMO Green Revolution".*

<http://in.groups.yahoo.com/group/EARTHSCAPES/message/764>

## Geelong Organic Gardeners Inc.

is an informal, friendly, diverse group of people sharing the common interest of growing fruit, vegetables and ornamentals organically, working with nature, not against it.

**Meetings** are held Mondays at 7:30pm in Geelong Botanic Gardens meeting rooms. (see map page 15). Dates for 2008:

**June 2 Aug11**

**Oct 13 Dec 8**

## Welcome



## new members:

Angela Gibbs —Marcus Hill  
Graham & Denise Robertson—G/West  
Ruth Dwinger—Geelong West  
Harry & Judy Schonewille—Torquay

**We now have 112 memberships**

## Ponder this:

*Unless we change direction,  
we are likely to end up  
where we are headed*  
Chinese Proverb  
(Thanks Ingrid Hindell)

## Inside this issue:

<i>News briefs</i>	2
<i>God and Lawns</i>	4
<i>Library catalogue</i>	5
<i>Pam's onion tart</i>	11
<i>New in our Library</i>	11
<i>Svalbard Global Seed Vault</i>	12
<i>Seed Sowing guide</i>	13
<i>Organifieds</i>	14

# In brief . . . .

[http://www.ntnews.com.au/article/2008/03/26/3706\\_ntnews.html](http://www.ntnews.com.au/article/2008/03/26/3706_ntnews.html)

## **Will Alice Residents Eat Uranium for breakfast?**

The daily NT News reports that local Labor Party members opposed the proposed Angela and Pamela uranium mines close to Alice Springs, concerned that radioactive dust could blow over the town from open cut mines

*From Barwon Regional Waste Management Group*

**Mattress Recycling Program** Since the Moolap mattress recycling facility opened last year over 3000 mattresses have been diverted from landfill. All mattresses taken to landfills and transfer stations across the region are stockpiled and collected by Dreamsafe Mattress Recycling.

*Weekly Times 2/4/2008*

**GM gee-up.** Australian Bureau of Agricultural and Resource Economics claims Australia could be \$912 million better off in the next decade by planting GM crops and delays in introducing them will erode farmers benefits.

**Stunted vegetables.** A second occurrence of stunted vegetables at Werribee puts the use of recycled water under a cloud. The Water for Werribee group said continued use of salty recycled water could permanently damage soils. An independent consultant will investigate.

**Milk.** World production expected to rise by 20 percent over next 10 years mainly by gains in productivity per cow.

**Expensive nets.** A Sunraysia fruit grower's decision to spend millions on protective nets over his orchards saved his crops from damaged after severe hail storm wreaked havoc in the district.

**Olive oil testing.** The NSW Dept of Primary Industries laboratory at Wagga Wagga will test to approve product to be sold as genuine extra-virgin olive oil. Nine different tests are use to support accreditation. About half of Australian olive oil is exported.

*Weekly Times 9/4/2008*

**Eat less meat, dairy.** Senator Andrew Bartlett upset the Cattle Council and Dairy groups by urging people to eat less meat and dairy products saying we can make a significant impact on climate change. Senator Bartlett said greenhouse gas emissions from livestock were larger than from the transport sector. **Ed Note:** Xavier Duff, a senior reporter with The Weekly Times made this silly, uninformed comment: *"If Senator Bartlett had his way we would end up living off tasteless, boring, processed vegetarian wafers made from soy beans and lentils"*

**GM weed fears.** Swedish researchers have raised fears that genetically manipulated canola could become a weed. They say GM canola can persist in the soil for 10 years after field trials. However, the Weed Management Co-operative Research Centre claim surveys in South Australia showed GM seed could be *almost* extinct after 3 1/2 years.

**Fruit growers concerned.** The apple and pear industry say climate change will devastate them. Warmer temperatures mean less winter chilling, prolonged flowering and sunburnt fruit. Fewer frosts will diminish fruit flavour and lower yields and have a negative effect of fruit colouring.

**Weeds invade high country.** After years of drought grass is growing again, but so are weed species not seen before. Species more prevalent after summer rains include Paterson's curse, African lovegrass, scotch thistle and blackberry. Farmers are urged not to let weed flower and reseed.

**New grass, less belching.** A Melb. biotech company say new varieties of grasses will improve productivity and reduce animal greenhouse gas emissions

**Super broccoli.** Extract from a strain of broccoli, developed by selective breeding, has halved the incidence of cancer in rats. The research is funded by Horticulture Australia Ltd. *"Now we can breed for desirable health characteristics as we know which compounds are critical"* Cauliflower and cabbage are also believed to carry large amounts of a cancer-preventing compound.

*Weekly Times 16/4/2008*

## **Victorian Rural Woman of the**

**Year.** Lisa McMahon, organic herb farmer from Dunolly will use her \$10,000 prize to test harvesting machinery from NZ. Currently she uses a scythe. Lisa grows rosemary, lemon thyme, lemon balm, passion flower, garlic and stinging nettles used in herbal teas. She said if she could find a small harvester she could share it with other herb growers in the area.

## **Hemp trial.**

Regarded as one of the drug capitals of Australia, Griffith is trialing hemp plantations for industrial use. *"This is a direct result of the environmentally friendly nature of industrial hemp and a perceived interest for hemp products in the market"* said the NSW Primary Industry Minister.

**Citrus crop down.** Drought, heat and low water allocations will reduce the harvest by 23 per cent. Meanwhile, the gardening pages say autumn is a great time to plant citrus trees because the air is cool and the soil still warm for root growth. They need a sheltered sunny position with good drainage—so add gypsum (1-2 kg per sq m) if it is clayey and raise the beds using good top-soil and compost blended together.

**Eat more fruit and veg.** Sydney dietician Shane Landon claims that one more serve of fruit and a vegetable a day could result in Australia saving of \$150 million a year in direct health care costs for cardiovascular disease.

**Oil shortage.** Peak oil expert Matt Mushalik said Australia will be bartering wheat and other agricultural commodities for oil within a decade as demand exceeds supplies. He was speaking at the Ethanol 2008 conference and said governments were neither prepared or even preparing for the oil crisis. *"We can live without cars, we can live without flying, but we can't live without food. Our target should be 85 % Ethanol & 15 % petrol fuel mix going to farmers."*

**Pig out on grain waste.** A NSW ethanol refinery said distillers grain produced from the ethanol process was safe to convert into high-protein food for human consumption.

Weekly Times 23/04/2008

**GM hits road block** South Australia has banned Victorian canola unless it can be proved GM-free. Further, there is a \$200,000 fine for anyone caught growing GM canola in SA.

The paper's editorial says SA cannot impose a canola ban because, by law, free trade between states cannot be restricted and anyway

*"wind and birds carrying the grain will simply ignore the prohibition."*



Meanwhile, the City of Greater Bendigo will seek declaration as a GE-Free Zone under Section 21 of the GMO legislation

**Global food crisis** Indonesia, China, Vietnam, Argentina, Egypt, and Kazakhstan have imposed export bans in a bid to feed starving local populations. Food riots have occurred in Haiti and Mexico. The World Bank has warned that 100 million people in poor countries could be plunged deeper into poverty.

Weekly Times 30/04/2008

**Dumping probe** Australian Customs Service will conduct an inquiry into dumping of currants from Greece after

complaints by local growers on the high volume, low prices being imported.

**Vegetable imports surge** as local growers warn the Australian industry risks being decimated by cheap imports and call for tariffs to be imposed.

Weekly Times 7/05/2008

**Apples.** Two new varieties to be grown Royal Gala cross (claimed to be the best eating apple in the world!) and Enchanted, a Lady William / Golden Delicious cross whose flesh stays white for hours after cutting.

**Cellulose for energy.** A US company is using corn cobs with corn kernels to produce ethanol. A recent biofuels forum claimed that using arable land to grow food crops for ethanol production in fuel-guzzling nations is absolute "lunacy"

**Atrazine** herbicide has been approved for weed control in Australia despite being banned in Europe over concerns for human health and the environment.

## HOORAY FOR OUR WONDERFUL NEWSLETTER EDITOR, JUDY CAMERON!

As you all know, our Judy does a fabulous job of compiling our newsletter (which we are very proud of!), six times a year, sourcing much of the material herself.

She has particularly excelled herself for this edition, as it was completed while she is in the midst of unpacking. She and Graeme have finally made their tree change and moved to Bambra. Judy is still not connected to the Internet since their move, which she says is "like being in jail"!

While proofreading, I'd like to take this opportunity to congratulate Judy and thank her for the consistently excellent job she does, and for her commitment and passion—I am sure you all agree she makes a wonderful contribution. Please consider contributing articles, tips, hints etc for the newsletter to make her job easier.

Trish Jardine, Chair.

## Cruciferous vegetables

from: <http://www.deliciousorganics.com> - thanks to Ingrid Hindell

Cruciferous vegetables, also called Brassica Vegetables, include Arugula, Broccoli, Cauliflower, Brussels Sprouts, Cabbage, Watercress, Bok Choy, Turnip Greens, Mustard Greens and Collard Greens, Mizuna, Tatsoi, Rutabaga, Napa or Chinese Cabbage, Daikon, Horseradish, Radishes, Turnips, Kohlrabi & Kale. We should make sure to include a variety of these vegetables (three) each week. They help our bodies fight cancer and are nutrient dense.



Booming with vitamins, including vitamin C and folate, minerals including potassium

and selenium, and contain fibre, chlorophyll; as well as flavonoids, antioxidants, and phytochemicals, carotenoids, lignins, phytosterols, isothiocyanates, sulforaphane and glucosinolates (the sulphur compound that makes these vegetables), and indole-3-carbinol, these are nutritious super foods!

Isothiocyanates stimulate our bodies to break potential carcinogens down. Therefore, they prevent our normal cells from becoming cancerous cells. They have been associated with metabolising toxins from smoke and lowering the risk of tobacco-related cancers. Only cruciferous vegetables contain the nutrient isothiocyanates, which has been

associated with a decrease in lung

cancer. Even non-smokers benefit, since second-hand smoke is so prevalent.

Sulforaphane (that's one of the isothiocyanates in cruciferous vegetables) and indole-3-carbinol is most concentrated in cruciferous vegetables and this is linked with reducing the risk of breast, prostate, cervical, colon, and other cancers. It can delay the onset of cancer and reduce the size and growth of tumors.

Cruciferous vegetables also help reduce homocysteine levels so they reduce the risk of cardiovascular disease.



# God and lawns

...thanks to Sam Smith, Barwon Heads Community Garden

**GOD: Frank, you know all about gardens and nature. What in the world is going on down there on the planet? What happened to the dandelions, thistle and stuff I started eons ago? I had a perfect no-maintenance garden plan. Those plants grow in any type of soil, withstand drought and multiply with abandon. The nectar from the long-lasting blossoms attracts butterflies, bees & birds. I expected to see a vast garden of colour by now. But, all I see are green rectangles.**

St. FRANCIS: It's the tribes that settled there, Lord. The Suburbanites. They started calling your flowers "weeds" and went to great lengths to kill them and replace them with grass.

**GOD: Grass? But, it's so boring. It's not colourful. It doesn't attract butterflies, birds & bees and it's sensitive to temperatures. Do these Suburbanites really want all that grass growing there?**

St. FRANCIS: Apparently so, Lord. They go to great pains to grow it and keep it green. They begin each spring by fertilising grass and poisoning any other plant that crops up in the lawn.

**GOD: The spring rains and warm weather probably make grass grow**

**really fast. That must make the Suburbanites happy.**

St. FRANCIS: Apparently not, Lord. As soon as it grows a little, they cut it-sometimes twice a week.

**GOD: They cut it? Do they then bale it like hay?**

St. FRANCIS: Not exactly, Lord. Most of them rake it up and put it in bags.

**GOD: They bag it? Why? Is it a cash crop? Do they sell it?**

St. FRANCIS: No, Sir, just the opposite. They pay to throw it away.

**GOD: Now, let me get this straight. They fertilise grass so it will grow, and, when it does grow, they cut it off and pay to throw it away?**

St. FRANCIS: Yes, Sir.

**GOD: These Suburbanites must be relieved in the summer when we cut back on the rain and turn up the heat. That surely slows the growth and saves them a lot of work.**

St. FRANCIS: You aren't going to believe this, Lord. When the grass stops growing so fast, they drag out hoses and pay more money to water it so they can keep mowing it and pay to get rid of it.

**GOD: What nonsense. At least they kept some of the trees. That was a**

**sheer stroke of genius, if I do say so myself. The trees grow leaves in the spring to provide beauty and shade in the summer. In the autumn, they fall to the ground and form a natural blanket to keep moisture in the soil and protect the trees and bushes. It's a natural cycle of life.**

St. FRANCIS: You better sit down, Lord. The Suburbanites have drawn a new circle. As soon as the leaves fall, they rake them into great piles and pay to have them hauled away.

**GOD: What do they do to protect the shrub and tree roots in the winter to keep the soil moist & loose?**

St. FRANCIS: After throwing away the leaves, they go out & buy something they call mulch. They haul it home and spread it around in place of the leaves.

**GOD: Where do they get this mulch?**

St. FRANCIS: They cut down trees and grind them up to make the mulch.

**GOD: Enough! I don't want to think about this anymore. St. Catherine, what movie have you scheduled for us tonight?**

St. CATHERINE: "Dumb and Dumber", Lord. It's a story about....

**GOD: Never mind, I just heard the whole story from St. Francis.**

## Roberto Perez presentation " Food Security and Sustainability"

**Many thanks to you all for making it happen!**



Our Cuban-Latin Festa, which incorporated Roberto's inspiring presentation in Geelong for one night as part of his Australian tour, was a great success. Approximately 250 people attended, and much of positive feedback was received. This event, along with our March 14 screening of the documentary "Power of Community" which features Roberto and others on the amazing achievements in Cuba,

(remember Havana grows 60% of its own food in and around the city - organically!) raised \$1600 for the Cuba Australia Permaculture Exchange. Thanks to all who assisted, in so many ways.

**Particular thanks must go to:**

Clonard College, who generously donated the venue, and especially to Principal Vicki Myers, who went above and beyond the call of duty, to run the technical side of things on both evenings.

Diversitat, who provided sponsorship, publicity and printing.

Los Locos, who performed for basically their petrol costs

Cuban Dance Academy, who provided free dance shows and lessons on both evenings

Various Labour MPs, who printed

1000s of fliers for us

There were many, many other contributors, too numerous to name; but I would particularly like to thank the working group, made up of members of various community groups, who organised the two events. They were passionate, hard-working, committed and creative, and it was a privilege to work with them.



Thanks again to all. **Trish Jardine**

# GOG Library Catalogue May 2008



TITLE	AUTHOR Surname	AUTHOR First Name	YEAR	CALL NO
Australia's drinking water, the coming crisis	ARCHER	John	2001	333.910994 ARC
The Survival of Civilization	HAMAKER	John D.	1982	304.2 HAM
The Modern Ecosystem – An Ultimate Landscape	CARTER	Brian, A		304.28 CAR
Towards a Community Supported Agriculture	Friends of the Earth Brisbane			334.6830994 TOW
A-Z of Chemicals in the Home (2 copies)	Total Environment Centre / Sydney		1986	363.19 AZO
How to Safely Use Grey Water on the Garden	McFARLANE	Scott	1995	363.72 McF
Create An Oasis With Greywater	LUDWIG	Art	1994 USA	363.7284 LUD
Secret Life of Plants	TOMKINS & BIRD	Peter & Chris		581 TOM
Attracting Birds to Native Gardens	Society for Growing Native Plants	Maroonda	1983	581.994
Food for Plants,CSIRO	HANDREK	Kevin Arthur	1979	581.13 HAN
Earthworms, CSIRO	HANDREK	Kevin Arthur	1938	595.146 HAN
Backyard Insects	HORNE & CRAW- FORD.	Paul & D	1996	595.7 HOR
Attracting FrogsTo Your Garden	CASEY	Kevin	1955	597.80994 CAS
Making Paths & Walkways	BLOMGREN	Paige G	1999	624 BLO
Stamp, Stomp,Whomp	FRENCH	Jackie	2000	628.96 FRE
Permaculture One	MOLLISON & HOLM- GREN			630.202 MOL
Permaculture Two	MOLLISON	Bill	1979	630.202 MOL
Sustainable Agriculture: A Viable Alternative	WYNEN & FRITZ	E & S		630.2745 WYN
Practical Farm Business Management	OBST	W.J.		630.68 OBS
The Ruran Experience	BOWMAN	J		630.994 BOW
Hobby Farming – The First Steps	HUMPHRIES	Allan		630.994 HUM
Farming in a small way	Dept of Ag NSW		1983	630.9944 FAR
Practical Prickle Farming	HAYES	Mike & Janet		630.9944 HAY
Organics – a Directory of Business & Services	MORGAN			631.02594 MOR
What's Wrong With My Soil?	HANDREK	CSIRO	1978	631.4 HAN
Don't Call It Dirt	LLOYD	Gordon Baker	1976	631.4 LLO
Soil structure assessment kit	McGuiness	Shelley	1991	631.49945 MCG
Seed Savers Handbook	FANTON	Jude	1993	631.521 FAN
Secrets of Plant Propagation	HILL	Lewis	1990	631.53H HIL



Pruning, NSW Dept. of Agriculture	ALLEN	W.J.	1930	631.54N ALL
Paradise in Your Garden	ALLEN	Jenny		631.58 ALL
Smart Permaculture Design	ALLEN	Jenny		631.58 ALL
Permaculture Principles & Pathways Beyond Sustainability	HOLGREM	David	2004	631.58 HOL
Introduction to Permaculture	MOLLISON	Bill		631.58 MOL
Earth Users Guide to Permaculture	MORROW	Rosemary		631.58 MOR
Small Scale Farming & Horticulture	CONACHER	Jeanette	1986	631.584 CON
Permaculture; a Designer's Manual	MOLLISON	Bill		631.584 MOL
Encyclopedia of organic gardening	Encyclopedia	Rodale	1978	631.8 ENC
The Basic Book of Organic Gardening	RODALE	Robert	1971	631.8 ROD
Compost: Organic Fertilizer for Modern Agriculture	SIVALINGAM	DR P. M	1983	631.8 SIV
The Rodale Book of Composting	MARTIN, GERSHUNY	Deborah L, Grace	1992	631.8/75 MAR
Let It Rot!	CAMPBELL	Stu	1975	631.875 CAM
No Garbage	GILBERT	Allen	1992	631.875 GIL
Composting (2 copies)	CSIRO, HANDRECK	Kevin Arthur	1938	631.875 HAN
Recycle Your Garden	MARSHALL	Tim	2003	631.875 MAR
The Good Compost Guide: A Directory of Compost Bins and Wormeries	NUNES	Kelli	1997	631.875 NUN
The Compost Book	TAYLOR	David & Yvonne	1993	631.875 TAY
Identifying the Weeds Around You	FELFOLDI	Elizabeth. M	1993	632.58 FEL
Weeds – How to Control & Love Them	READMAN	Jo	1991	632.580941 REA
Weed Control for the Home Gardener	ALDOUS	David	1991	632.580994 ALD
Organic Control of Common Weeds	FRENCH	Jackie	1989	632.580994 FRE
Since Silent Spring	GRAHAM	Frank, JR	1970	632.95 GRA
Pesticides: The New Plague	CAWCUT & WATSON	Linda & Catherine	1984	632.951 CAW
The Good Bug Book. 2nd ed.	HORNE	Paul A	1995	632.96 HOR
Principles of Sustainable Agriculture – Pasture Improvement in Victoria	Dept of Agriculture		1991	633.20209945 PAS
Pruning and Training Fruit Trees	SOMERVILLE	Warren	1996	634.044 SOM
Gardening Questions and Answers	McMAUGH	Judy	1991	634.099 McM
Growing Fruit in Australia	BAXTER & TANKARD	Paul & Glenn	1981	634.0994 BAX
Fruit for Australian Gardens	BAXTER	Paul	1991	634.0994 BAX
The Complete Book of Fruit Growing in Australia	GLOWINSKI	Louis		634.0994 GLO
Growing Fruit & Herbs Organically	SINNAMON	Liz	1994	634.09 SIN
Growing Nuts In Australia	ALLEN	Anthony	1986	634.509 ALE
Success With Soft Fruits	RECHT	Christine	1989	634.71 REC

From Little Seeds – A History of the Macedon State Nursery 1872-1995	MOULDS & BURNS DNRE	F.R & M.J	1997	634.9564 MOU
Tree Planters Guide for Farms and Public Lands	Natural Resources Conservation League	of Victoria		634.9565 TRE
Deciduous Fruit & Ornamental Trees	FLEMING		1992	634.F62 FLE
The Edible Rainbow Garden	CREASY	Rosalind	2000	635.DC2 CRE
The Edible Heirloom Garden	CREASY	Rosalind	1999	635.DC2 CRE
How to Grow More Vegetables	JEAVONS	John	1974	635.DC21 JEA
The Self Sufficient Suburban Garden	BALL	Jeff	1983	635 BAL
Making Vegetables Grow	CRUSO	Thalassa	1975	635 CRU
Leaves of Life	DEANS	Ester	1991	635 DEA
How to Guzzle Your Garden	FRENCH	Jackie	1999	635 FRE
Natural Gardening and Farming In Australia	HODGES	Jeffrey	1989	635 HOD
How To Grow Vegetables & Fruit by the Organic Methods	RODALE	Robert	1976	635 HOW
Vegetables in the Home Garden	KINSELLA & MARTIN- DALE	Michael & Wil- liam	1982	635 KIN
Organic Gardening Almanac	LLEWELYN		1994	635 LLE
Grow Your Own Food Organically	NULL	Gary	1972	635 NULL
Garden Way's Joy of Gardening	RAYMOND	Dick		635 RAY
Compost Gardening	SHEWELL	Cooper	1974	635 SHE
A Sunset Guide to Organic Gardening	SUNSET BOOKS		1971	635 SUN
Sustainable Vegetable Growing	Dept of Agriculture		1989	635 SUS
Herbs: Growing Drying and Using Herbs	WOOD	Magda, I	1975	635 WOO
Esther Dean's Gardening Book. Growing Without Digging	DEANS,	Ester		635 DEA
Guide to Organic Gardening	EDINGER			635 SUN
The Practical Book of Organic Gardening	SWENSON	Allen A	1973	635 SWE
Raised Planters for the Disabled	ROWSON & THODAY	N.J. &P.R.	1981	635.024 ROW
Seed Saving	AITKEN	Darren	2003	635.042 AIT
Growing From Seed	HANKS	Margaret		635.0421 HAN
Saving Seeds	Rogers	Marc		635.0421 ROG
How to Grow Vegetables Organically	COX	Jeff	1988	635.048 COX
Enchanted Garden	CUTHBERTSON	Tom	1979	635.048 CUT
The Organic Gardener	FLOWERDEW	Bob	1993	635.048 FLO
Organic Gardening	HILLS	Lawrence, D	1977	635.048 HIL
Basic Organic Gardening	HUNT	Marjorie	1982	635.048 HUN
Macmillan Book of Organic Gardening	KREUTER	Marie, Luise	1985	635.048 KRE
Organic Gardening No-Dig, No-Weed	POINCELOT	Raymond. P	1986	635.048 POI
A Guide to Organic Gardening in Australia	ROADS	Michael J	1976	635.048 ROA
Simple Organic Kitchen and Garden	SPEVACK	Y	2004	635.048 SPE
Let Nature Do The Growing	TOKUNO	Gajin		635.048 TOK
Easy Organic Gardening and Moon Planting	BAGNALL	Lyn		635.0484 BAG



Botanica's Pocket Organic Gardening	Encyclopedia		2002	635.0484 BOT
The Green Gardener	BYRNE	Josh	2006	635.0484 BYR
Beyond Organics	CUSHING	Helen	2005	635.0484 CUS
A Child's Organic Garden	FRYER & BRADFORD	Lee & Leigh		635.0484 FRY
The Natural Garden Book	HARPER	Peter		635.0484 HAR
The Organic Gardeners Companion	HEAZLEWOOD	Anne	1982	635.0484 HEA
The Bio Friendly Gardening Guide	HESSAYON	DR D. G.	1990	635.0484 HES
Harvesting the Suburbs	HODGES	Jeffrey	1986	635.0484 HOD
The Organic Garden	LAVELLE	Christine & Michael	2003	635.0484 LAV
Organic gardening – A Growers Handbook for Australians	RYAN	Moira	1995	635.0484 RYA
Highgrove – An Experiment in Organic Gardening and Farming	The Prince of Wales and Clover	Charles & Charles	1993	635.04840942 CHA
Organic Gardening, The Natural No-Dig Way	DOWDING	Charles		635.04840942 DOW
Organic Gardening	BENNETT	Peter		635.04840994 BEN
Urban Eden	CAPLIN	Adam & James		635.049 CAP
The Garden Pest Book	CHAPMAN, PENMAN & HICKS	Bruce, David & Phillip	1985	635.049 CHA
The Organic Garden Doctor	FRENCH	Jackie	1988	635.049 FRE
Getting the Bugs Out of Organic Gardening	McKILLIP	Barbara	1973	635.049 McK
Women Gardeners	KELLAWAY	Deborah	1995	635.08 KEL
The Australian Vegetable Garden Encyclopaedia	Encyclopedia			635.099 LIT
The Australian Gardener's Diary	BARRETT	Margaret	1985	635.099 BAR
A Gardener's Potpourri	GARNETT	Thomas R.	1986	635.099 GAR
Asian Herbs and Vegetables	Woodward	Penny	2000	625.099 WOO
The Practical Australian Gardener	CUNDALL	Peter		635.0994 CUN
Working Manual for Gardeners	EDMANSON	Jane	1992	635.0994 EDM
Backyard Self Sufficiency	FRENCH	Jackie	1992	635.0994 FRE
Community Gardens, A Celebration of the People, Recipes and Plants	WOODWARD & VARDY	Penny & Pam	AUS 2005	635.0994 WOO
Yates Garden Guide 28th Edition	YATES	Arthur		635.0994 YAT
Salad gardening	FRENCH	Jackie	1992	635.5 FRE
The Salad Garden	LARKCOM	Joy	1984	635.5 LAR
Cottage Gardens in Australia	CUFFLEY	Peter	1983	635.7 CUF
Hemphill's Herbs: Their Cultivation and Usage	HEMPHILL	John & Rosemary	1983	635.7 HEM
The Complete Guide to Herbs	HOLTOM & HYLTON	Josie & William	1979	635.7H HOL
Herbs	PHILLIPS & FOY	Roger & Nicky	1990	635.7P PHI
Chamomile Farm	WILLIAMS	Lyle	1987	635.709945 WIL
Companion Planting in Australia & New Zealand	FRENCH	Jackie		635.9 FRE

The Organic Way to Mulching	RODALE			635.9
The Gardener's Show Guide	RHSV			635.9074 ROY
Who Planted That Damn Thing	CALCUT	Graham		635.90994 CAL
Your Australian garden – No. 5 Callistemons and other bottlebrushes				635.90994 YOU
What Garden Pest or Disease is That?	McMAUGH	Judy		635.92 MCM
Successful organic gardening – landscaping with perennials				635.932 ROD
Building a Garden By the Sea	McLACHLAN	Laen		635.950994 MCL
Creating a Rainforest Garden	RODD & MOORE	Tony & Judy		635.952 ROD
The Australian Scented Garden	PIRIE	Chris		635.968 PIR
A Guide to Organic Living in Australia	ROADS	Michael		635.98 ROA
Potting Mixes	HANDREK			635.986 HAN
Successful Organic Gardening	HAMILTON	Geoff		
The Permaculture Home Garden	WOODROW	Linda		635.987 WOO
The Backyard Organic Garden	SMITH	Keith		635.9870994 SMI
The Australian Organic Gardeners Handbook	SMITH	Keith		635.9870994 SMI
Edible Forest Gardens Vol. 1	JACKE	Dave	2005	635/0915/2 JAC
Edible Forest Gardens Vol 2	JACKE	Dave	2005	635/0915/2 JAC
Pastoral Industries of Australia	ALEXANDER & WIL-LIAMS			636.00994 PAS
Pets in Your Garden	BUTCHER	David		636.088 BUT
Illustrated Encyclopedia of Herbs	RODALE		USA	637/.7 ROD
Worm Farming	MURPHY		Aus	639.521 MUR
Worm Farm Management	WILSON	Eric		639.75 WIL
Worms Downunder	WINDUST	Allan		639.7546 WIN
Wildlife and Farm Dams	HILL & EDQUIST	D&N		639.9209945 HIL
Organic Living	VAN STRATEN	Michael		640 VAN
The Organic Kitchen	REYNAUD & CAMP-BELL	L & D		641.563 REY
A Gourmet Harvest	THOMAS	Gail	1986	641.65 THO
Herbaceous: A Cook's Guide to Culinary Herbs	HEMPHILL	Ian & Eliza-beth	2003	641.657 HEM
The Green Cleaner				648.5 LOR
Genetic Roulette	SMITH	Jeffery M	2007	664 SMI
The Good Practice Guide for Community Gardens	MIL			712.5 MIL
Go Gaia	BOWMAN	John		823.4 BOW
Organic Gardening with Love	BARLOW			BAR
Composting	RODALE			



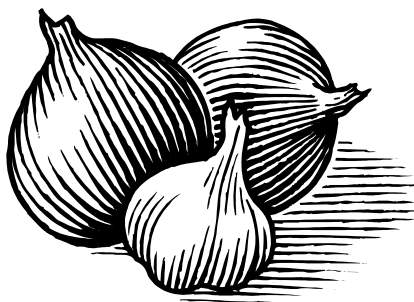


# **Onion Tart—from Pam Bolton**

**Preparation Time 20 minutes**

**Cooking time 70 minutes**

**Serves 4 - 6**



## **Ingredients**

5 Large thinly sliced Onions	60g Butter
2 Tablespoons Olive Oil	2 Tablespoons of Grated Parmesan Cheese
60g Butter	125g Cream Cheese
3 Teaspoons of Thyme	1 Egg
4 Cloves of crushed Garlic	1 – 2 Tablespoons of Lemon Juice
¼ Cup of Seeded Olives	150g Goats Cheese
1 ½ Cups of Plain Flour	

## **Method.**

Place the onions in heatproof bowl and cover with boiling water let it stand for 15 minutes.  
Drain well  
Heat oil and 60g of butter in a pan.  
Add onions and cook over low heat until onions are soft and golden brown.  
Stir in thyme, garlic and olives.  
Cook for 5 minutes on low heat.  
Allow to cool to room temperature.  
Lightly grease 9 inch flan tin  
Process flour, 60g of butter, parmesan cheese and ½ the cream cheese until combined.  
Add the Egg and just enough juice to make ingredients cling together.  
Roll out dough to fit into the flan tin.  
Bake blind in a moderate oven for 20 minutes or until the pastry is crisp and golden.  
Let the pastry cool  
Mix together the remaining cream cheese and goat cheese  
Spread over the pastry shell  
Top with the onion mix and bake in a moderate oven for about 30 minutes or until the filling is firm

## **Notes**

Serve at room temperature  
Also nice cold  
Serves well as an entrée.



## BOOKS FOR THE GOG LIBRARY

These publications were donated to our library by Alan McGuire—  
**Thankyou!**

They are printed from the internet on Laser printer, and bound.

### **On-Line Library**

Small Farms; Medical Testament---The Nature of Health;

Journey to Forever. All by Keith Addison.

Pay Dirt-Farming and Gardening with Composts. By J.I. Rodale

Weeds, Guardians of the Soil. By Joseph A Cocannouer

Handy Farm Devices and How to make them. By Rolfe Cobleigh

### **AG Library catalogue**

Friend Earthworm. By George Sheffield Oliver

The Keyline Plan. By PA Yeomans 1954

Soil and Sense. By Michael Graham

Plowman's Folly. By Edward H Faulkner

The Clifton Park System of Farming. By Robert H Elliot

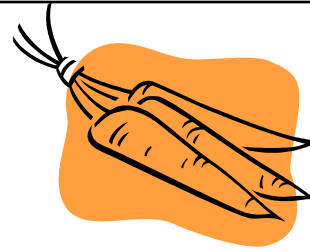
The Living Soil. By E.B Balfour

Remineralization of the Earth Inc: A Rock Dust Primer

### **Cascadia Gardening series**

Gardening without Irrigation: Or without much anyway. By Steve Solomon

Alan also donated the book "Rodale's illustrated Encyclopedia of Herbs"



## **Food gardens back at Geelong Botanic Gardens**

Last week Trish Jardine, Rachel Brown, Quill Walker & Liz Raimondo (GOG) met with some GBG crew, Annette Zealley (Curator), Phil Mulroyan (Supervisor) and Katie Gillette (GOG insider working undercover at GBG!)

We discussed the opportunity to once again introduce food gardens at the GBG but this time to stay! The information the group came up with was fantastic and the future is exciting! In time there will be a space where growing food plants can be on display permanently a possible gathering place for us! The GBG team have already been busy planting out the central bed in preparation for a winter planting of veges (you've got to see it—they've totally revamped it!) All being well the garden will be on display for the WaterWise Expo in October where we have the opportunity to showcase GOG and help people learn about growing their own food organically!

It would be great to make a day of it so note October 11th and 12th in your diary and let it be known at the next meeting if you are able to attend.

# Svalbard Global Seed Vault

<http://en.wikipedia.org/wiki>

The **Svalbard Global Seed Vault** is located on the Norwegian island of Spitsbergen about 1,120 kilometres from the North Pole.

The Seed Vault is managed under terms spelled out in a tripartite agreement between the Norwegian government, the Global Crop Diversity Trust and the Nordic Genetic Resource Centre. The Norwegian government has funded all of the approximately \$8 million construction cost. The Global Crop Diversity Trust has played a key role in the planning of the Seed Vault and is coordinating shipments of seed samples to the Vault in conjunction with the Nordic Genetic Resource Centre. The Trust will provide most of the annual operating costs for the facility, and has set aside endowment funds to do so, while the Norwegian government will finance upkeep of the structure itself. The Bill and Melinda Gates Foundation has provided approximately \$750,000 to assist developing countries and international agricultural research centres to package and ship seeds to the Seed Vault.

## Construction

The seedbank is constructed 120 metres inside a sandstone mountain. The bank employs a number of robust security systems. Seeds are packaged in special four-ply packets and heat sealed to exclude moisture.

The location 130 metres (430 ft) above sea level will ensure that the site remains dry even if the icecaps melt. Locally mined coal provides power for refrigeration units that further cool the seeds to the internationally recommended standard of  $-20$  to  $-30$  °C. Even if the equipment fails, at least several weeks will elapse before the temperature rises to the  $-3$  °C of the surrounding sandstone bedrock.

[http://www.eurekalert.org/pub\\_releases/2008-02/bc-asv022508.php](http://www.eurekalert.org/pub_releases/2008-02/bc-asv022508.php)

The opening of the seed vault is part of an unprecedented effort to protect the planet's rapidly diminishing biodiversity. The diversity of our crops is essential for food production, yet it is being lost. This "fail-safe" facility, dug deep into the frozen rock of an Arctic mountain, will secure for centuries, or longer, hundreds of millions of seeds representing every important crop variety available in the world today. As well as protecting against the daily loss of diversity, the vault could also prove indispensable for restarting agricultural production at the regional or global level in the wake of a natural or man-made disaster. Contingencies for climate change have been worked into the plan. Even in the worst-case scenarios of global warming, the vault rooms will remain naturally frozen for up to 200 years.

<http://in.groups.yahoo.com/group/EARTHSCAPES/message/764>

The Green Revolution purported to solve the world hunger problem to a major degree in Mexico, India and other select countries where Rockefeller worked. Rockefeller Foundation agronomist, Norman Borlaug, won a Nobel Peace Prize for his work, hardly something to boast about with the likes of Henry Kissinger sharing the same.

In reality, as it years later emerged, the Green Revolution was a brilliant Rockefeller family scheme to develop a globalised agribusiness which they then could monopolize just as they had done in the world oil industry beginning a half century before. As Henry Kissinger declared in the 1970's, 'If you control the oil you control the country; if you control food, you control the population.'

Agribusiness and the Rockefeller Green Revolution went hand-in-hand. They were part of a grand strategy which included Rockefeller Foundation financing of research for



the development of genetic engineering of plants and animals a few years later.

Africa is the next target in the US-government campaign to spread GMO worldwide. Its rich soils make it an ideal candidate. Not surprisingly many African governments suspect the worst from the GMO sponsors as a multitude of genetic engineering and biosafety projects have been initiated in Africa, with the aim of introducing GMOs into Africa's agricultural systems. These include sponsorships offered by the US government to train African scientists in genetic engineering in the US, biosafety projects funded by the United States Agency for International Development (USAID) and the World Bank; GMO research involving African indigenous food crops.

Now is it simply philosophical sloppiness? What leads the Gates and Rockefeller foundations to at one and the same time to back proliferation of patented and soon-to-be Terminator patented seeds across Africa, a process which, as it has in every other place on earth, destroys the plant seed varieties as monoculture industrialized agribusiness is introduced? At the same time they invest tens of millions of dollars to preserve every seed variety known in a bomb-proof doomsday vault near the remote Arctic Circle 'so that crop diversity can be conserved for the future' to restate their official release?

It is no accident that the Rockefeller and Gates foundations are teaming up to push a GMO-style Green Revolution in Africa at the same time they are quietly financing the 'doomsday seed vault' on Svalbard. The GMO agribusiness giants are up to their ears in the Svalbard project.



## Seed Sowing Guide

### Avoid chemical warfare

says Peter Cundall (Weekly Times 2/4/2008)

Caterpillars are abundant on his cabbages, which have formed good solid hearts, but they only eat the hard outer leaves which we don't eat anyway.

He also does not bother about the grubs eating the leaves of pear, cherry, plum and quince trees, skeletonising them. The leaves are about to fall anyway. The fully fed grubs hide in the soil through the winter. Allow chooks to scratch around under the trees and they eat these cocooned grubs.

However, in December he controls the grubs when they can do damage by spraying with lime water made from builders lime.

**Frosts:** If you live in a frost-prone area, don't water heavily or feed frost-prone plants now because they will produce soft new growth to be damaged by freezing frosts.



Weekly Times 16/4/2008

**Citrus planting.** The gardening pages say autumn is a great time to plant citrus trees because the air is cool and the soil still warm for root growth. They need a sheltered sunny position with good drainage—so add gypsum (1-2 kg per sq m) if it is clayey and raise the beds using good top-soil and compost blended together.

**An apple a day** An apple has seven times the level of antioxidants found in a banana, more than 3 times in an orange, double that in a cup of tea and 50 percent more than 75g of blueberries.

This comes from a report, collated from research around the world, by Sydney dietician Shane Landon. Apples can help with diabetes, lowering cholesterol, help prevent lung cancer, improve lung function and fight asthma in adults.

The apple industry is very excited about the marketing opportunities as the average Australian eats only 1 apple a week

#### Next Meeting Reminder.....

It is great when everyone brings something for either the sales, supper or seed bank tables—if everyone who attends brings one thing it makes the meeting even better.

Spare seed—bring it along labeled with what it is and when you save it

Seedlings or plants—pot up anything extra you may not need or wrap them in newspaper the perfect bouquet for a gardener

Yummy stuff to eat—share a plate of something special & bring along the recipe as no doubt you will be asked what's in it!

Spare Produce—we've all had a time when enough is enough! —share your glut, you may inspire someone to grow it!

<i>Southern Victoria</i>	Jun	Jul	Aug
Artichoke, Globe suckers		x	x
Artichoke, Globe seed			x
Artichoke, Jerusalem	x	x	x
Asparagus crown	x	x	
Beans, Broad	x	x	
Beetroot			x
Broccoli*	x	x	x
Brussels Sprouts		x	x
Cabbage	x	x	x
Capsicums			x
Carrots	x	x	x
Cauliflower	x	x	x
Celery			x
Chives			x
Cress	x	x	x
Endive	x	x	x
Garlic, cloves	x	x	x
Kohlrabi			x
Leeks	x	x	x
Lettuce	x	x	
Melons			x
Onions	x	x	x
Onions, Spring	x	x	
Parsley			x
Parsnips			x
Peas	x	x	x
Potatoes	x	x	x
Pumpkin			x
Radishes	x	x	x
Rhubarb, Crowns	x	x	x
Salsify		x	x
Shallots, cloves	x	x	
Silverbeet			x
Spinach	x	x	x
Swedes		x	x
Tomatoes			x
Turnips		x	x

\*Broccoli – avoid bugs by planting from May to July. Watch for aphids on leaves first, attack with soapy water.

# Organifieds—free ads for GOG members

**WANTED: Garden helper:** There is a productive garden in Wandana Heights that needs some harvesting and a little care in return. It is the garden of the parents of a friend of mine at work, and he feels that users would be welcome if they call to discuss it. Call me, Perry on 0428 848 646 and I will pass on your details.

**44 gallon drums:** Limited number 205 litre food grade drums good for 'garden use' water storage in return for a donation to the 1st Belmont Scout Group. Phone U.BREW IT on 5221 3500 after midday Tuesday-Friday to arrange pick-up from Factory 5, 100 Barwon Terrace, South Geelong.

**FREE:** 5mm garden irrigation pipes and 360° sprinklers Andrea: 5278 3992

## COURSES:

### BASICS OF ORGANIC GARDENING

With Paul Smith, 255 Parkers Rd, Deans Marsh **Sunday, June 29 10am until finish:** Cost: \$20 BYO secateurs, it's pruning time! Phone Paul to book: 5236 3384

**At Dalpura, Thielmanns Rd, Modewarre:**

**FERROCEMENT TANK BUILDING:** May 30, and

**SILVICULTURE:** July 24-27, \$300

Contact: George 0403 491 595. See website: [www.dalpura.com.au](http://www.dalpura.com.au)

## Howard Gardening

phone **Matt**  
5229 2517  
0417 314 987



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5236 3384

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trimmed, handyman



**ALAN**

**0410 549 021**

## Wholefoods

2 Baylie Pl, Geelong (off Lt Ryrie St car park)

Buy in bulk **5221 5421**

Bring your own containers / bags



**Aromatherapy Relaxation Massage**

**Australian Bush Flower Essences**

**Reiki**

**Silvana: 52439641**

## LARA ROSE GARDEN



Roses; vegetable & herb seeds & seedlings;  
native trees & grasses; olive trees; mulches;  
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Pruning; tree & stump removal; mulcher hire;  
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John Purtill, 310 Patullus Rd, Lara 5282 8555,  
Fax 5282 8855 or mob 0418 354500.

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## GOG Committee 2007/08

### Chair/Correspondence Sec:

Trish Jardine 5223 2407

**Vice Chair:** Rachel Brown 5240 3463

### Minute Secretary:

Matthew Walters 0428 628 925

**Treasurer:** Graeme Webb

**Librarian:** Jennifer Hornsey 5229 5674

**Library Loans:** Jan Bullock 5282 4262

### Committee Members:

Jen Harriott 5243 6167

Quill Walker 5247 0676

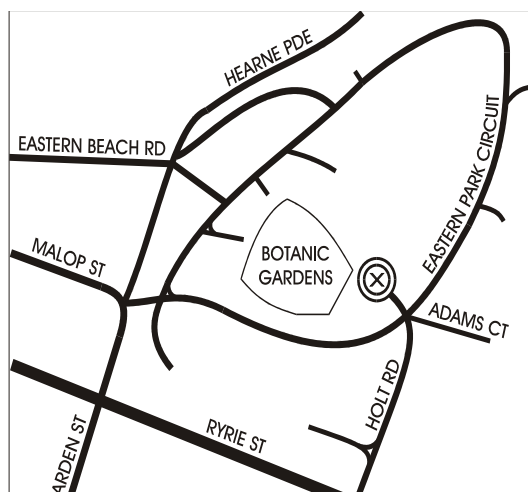
Geoff Leaman 5244 0155

### Seed Bank Curators

Pam & Terry Bolton 5253 2406



*Geelong Organic Gardeners meet in the Geelong Botanic Gardens meeting room—marked with an X on the map—*



## About Geelong Organic Gardeners Inc.

**Meetings** are held at 7:30pm on the second Monday of the even numbered months (rescheduled if this falls on a public holiday) in the Geelong Botanic Gardens meeting rooms. (see map above)

**Field Trips** are held each odd numbered month, except January.

**Membership Fees** are due on September 1st each year.

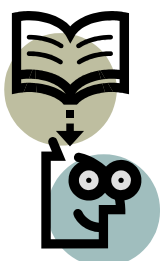
\$26 General / Family \*

\$18 Concession \*

**\*discount of \$6 if newsletter emailed rather than posted—note emailed version has colour; posted version is black-and-white.**

New members paying after June 1st are covered to end of August the following year.

Members receive 6 newsletters a year and are entitled to use our library, seed bank and sales tables.



**Library** Members are entitled to borrow from the Geelong Organic Gardeners shelves up to 3 books per meeting, one current magazine and an unlimited number of past editions. **These are to be returned by the following meeting.**

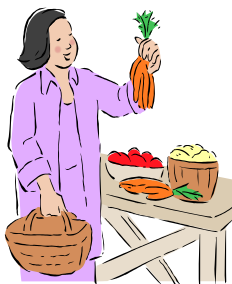
Friends Of The Botanic Gardens books, and those of other groups sharing the library area, are not for loan but may be referred to on meeting nights. They must be returned to the correct position on the shelves.

### Meeting Sales Tables

Members donate excess produce and plants to raise funds for the club. These are sold after the meeting has ended. (Please price all items before placing them on the table!)

### Commission

**sales** Members may bring their produce and home made products (no commercial items) to sell, giving 10% commission to GOG.



### Seed Bank

Members donate seeds which can be purchased at a nominal price.



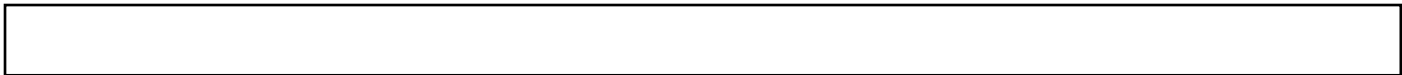
### Newsletter

Articles gladly received by Editor Judy Cameron 0409 417 562  
interim email:  
lizjoe@pipeline.com.au

### Registered address:

26 Albert Street  
Geelong West 3218  
Phone: 5223 2407

**Disclaimer:** Every effort is made to contribute reliable information in our newsletters, however Geelong Organic Gardeners and its committee accept no responsibility for the accuracy or reliability of any information, articles or opinions expressed as these may not be the views of our committee or Geelong Organic Gardeners Inc.



**REGISTERED ADDRESS**

26 Albert Street, Geelong West, 3218



**GEELONG ORGANIC GARDENERS INC.**

REGISTRATION : A0012071C

**Newsletter**

PLEASE  
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